

# The RICH Years



**SHIRLEY J. GREEN  
SENIOR CENTER**

Services are limited to  
appointment only.

Proof of COVID Vaccination  
& Masks are required.



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Questions?

Contact our center at  
708-748-5454

For now, please register in  
advance for each activity.

**RICH TOWNSHIP**  
*Calvin Jordan, Supervisor*

 [richtownship.org](http://richtownship.org)

 @RichTownshipIL

# Rich Township's Senior Services Unite Community at Thanksgiving Luncheon

By Taylor Howard

On Thursday, Nov. 18, our Senior Services department and Supervisor Calvin Jordan sponsored the annual "Thanksgiving Senior Luncheon" at the Olympia Fields Park District, after a cancelled event in 2020 due to the pandemic.

Supervisor Jordan said reaching out to the senior citizens is a priority for Rich Township. "Probably one of the best assets we have in Rich Township is our senior population because we statistically have more seniors than most townships," Jordan said. "It's very important that we reach out and be a part of their lives on a daily basis." Over 60 seniors attended the luncheon.

While the event consisted of board games, giveaways and a catered lunch, the attendees were most excited to reconnect with their friends and loved ones. IL State Representative Debbie Meyers-Martin believed because of isolation for COVID-19, companionship is essential to the senior citizen community. "It is so important for our community to stay connected and for us to demonstrate community spirit," Rep. Meyers-Martin said. "There is so much upheaval in the world, that this is a place of solace for seniors." Our Senior Services department provided several in-house activities such as flexercise, haircuts, congregated meals and more.

Supervisor Jordan anticipates hosting more events and supporting seniors' needs at the center in 2022. "What we want to do is be able to provide them with any service that they need, especially during the pandemic," Jordan said. "We are very committed to making sure our staff is reaching out to them and others in the township." Keep an eye out for future activities, lunch dates and more in the newsletter and Rich Township website.



## FROM THE ASSESSOR'S OFFICE

Happy New Year! Although the Senior Freeze/Disabled Persons & Disabled Veterans Exemptions were automatically renewed for the 2020 tax year for many of you who qualified, this will not be the case for the 2021 tax year. Therefore, it will be necessary for you to contact our office in mid-February to schedule an appointment to apply for your exemptions.

### Senior Citizen/Senior Freeze Taxpayer Exemptions

If you were born in 1956 or earlier, are liable for the payment of your property taxes, occupied this property as your principal residence on or before January 1, 2021, you are eligible for the Senior Citizen Taxpayer Exemption. If you are already receiving the Senior Exemption, it will be automatically renewed. If your household income for 2020 was \$65,000 or less, you may also qualify for the Senior Freeze Exemption. (Household income consists of ALL income including but not limited to Wages, Social Security, Pension, Annuities, Rental, SSI Benefits, Interest/Dividends, etc.), for ALL persons who live in the household and receive income.

The Rich Township Assessor's Office is open Monday, Tuesday, Thursday & Friday from 9:00 a.m. to 4:00 p.m. and on Wednesday from 9:00 a.m. to 7:00 p.m. We can be reached directly at **(708) 228-5037**. We see **BY APPOINTMENT ONLY**. **Temperature check and masks are required.**

**Sam Brown, CIAO**  
Township Assessor

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**RICH TOWNSHIP SENIOR CAFÉ LUNCH**  
COST OF MEAL or Chef Salad: \$4.00  
Meal includes a drink.  
RESERVE 2 DAYS IN ADVANCE @ 708-228-5046  
Lunch @ 12 noon, please arrive at 11:45am

Lunch provided by Rich Township High School District 227.

Optional: Chef Salad: tossed greens w/turkey & ham cubes, veggies, roll. Choice of Ranch or Italian dressing.

**CAFÉ MENU**

**JANUARY 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p><b>Due to an abundance of caution amid the latest COVID-19 surge, the Senior Center and activities are temporarily closed through the month of January.</b></p>				


The Pantry  
of Rich Township, Inc.

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1:00 PM - 3:00 PM

You will receive: Non-perishable food, fresh produce, dairy products, meat, and personal care items depending on availability. Please let us know if you need baby food, formula or incontinence supplies. If you need assistance or more information, please call

708.228.5032

 @ThePantryofRichTownship

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\*Cedarhurst Promise™ program is only available at advertised community. Not applicable for respite or other short-term stays. Refund is available only if move out is a result of dissatisfaction with Cedarhurst community as documented throughout stay. Complete refund includes base rent, level of care charges, and community fee. Ancillary services fees (ex. additional transportation, pet fees and laundry charges) do not qualify for refund. Additional terms and conditions may apply. Please contact community for additional details. Void where prohibited.

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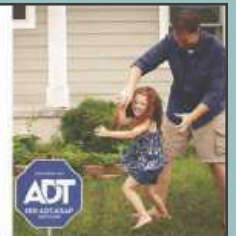
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## RICH TOWNSHIP SENIOR CAFÉ LUNCH

COST OF MEAL or Chef Salad: \$4.00

Meal includes a drink.

RESERVE 2 DAYS IN ADVANCE @ 708-228-5046

Lunch @ 12 noon, please arrive at 11:45am

Rich Township High School District 227 will be providing lunch.

Optional: Chef Salad: tossed greens w/turkey & ham cubes, veggies, roll. Choice of Ranch or Italian dressing.

## CAFÉ MENU

## FEBRUARY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 <b>Box Lunch</b> <ul style="list-style-type: none"> <li>• Italian Sub</li> <li>• Chips, Fruit Cup</li> <li>• Celery &amp; PB Dip</li> <li>• Cookie</li> </ul> or Chef Salad	3	4
7	8	9 <b>Box Lunch</b> <ul style="list-style-type: none"> <li>• Turkey/Roast Beef</li> <li>• Chips</li> <li>• Carrots &amp; Dip</li> <li>• Fruit Cup &amp; Cookie</li> </ul> or Chef Salad	10	11
14	15	16 <b>Box Lunch</b> <ul style="list-style-type: none"> <li>• Ham/Cheese Sub</li> <li>• Chips, Potato Salad</li> <li>• Apple &amp; Cookie</li> </ul> or Chef Salad	17	18
21	22	23 <b>Box Lunch</b> <ul style="list-style-type: none"> <li>• Chicken Salad on Croissant</li> <li>• Chips</li> <li>• Apple Slices &amp; Dip</li> <li>• Cookie</li> </ul> or Chef Salad	24	25
28				

ACTIVITIES

JANUARY 2022

Monday

Tuesday

Wednesday

Thursday

Friday

*Happy New Year*

1

3

4

5

6

7

Due to an abundance of caution amid the latest COVID-19 surge, the Senior Center and activities are temporarily closed through the month of January.

## ACTIVITIES

## FEBRUARY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All programs by appointment only. 708-748-5454</p>	<p>1 <b>Cards</b> 10am - Noon</p> <p><b>Needlework</b> 1pm - 3pm</p>	<p>2 <b>Blood Pressure</b> 9:30am - 11:30am</p> <p><b>Flexercise</b> 10am - 11am</p> <p><b>Line Dancing</b> 1:30pm - 2:30pm (\$4.00)</p>	<p>3 <b>Cards</b> 1pm - 3pm</p> <p><b>Needlework</b> 1pm - 3pm</p> <p><b>Hoola-Hoop</b> 3pm - 3:45pm</p>	<p>4 <b>Flexercise</b> 10am - 11am</p> <p><b>Yoga</b> 1pm - 2pm   \$4.00</p> <p><b>Cards</b> 1pm - 3pm</p>
	<p>7 <b>Flexercise</b> 10am - 11am</p> <p><b>Jewelry</b> 1pm - 2pm</p>	<p>8 <b>Cards</b> 10am - Noon</p> <p><b>Benefit Access</b> 10am - 2pm (by apt. only)</p> <p><b>Needlework</b> 1pm - 3pm</p> <p><b>Movie</b> 1pm</p>	<p>9 <b>Flexercise</b> 10am - 11am</p> <p><b>Line Dancing</b> 1:30pm - 2:30pm (\$4.00)</p>	<p>10 <b>Hair Cuts</b> 9:30am - 2:50pm</p> <p><b>Cards</b> 1pm - 3pm</p> <p><b>Needlework</b> 1pm - 3pm</p> <p><b>Hoola-Hoop</b> 3pm - 3:45pm</p>
<p>14 <b>Flexercise</b> 10am - 11am</p> <p><b>Senior Valentines Day Luncheon</b> Noon - 2pm</p> <p><b>AARP Drivers Class</b> 1pm - 5pm</p>	<p>15 <b>Cards</b> 10am - Noon</p> <p><b>Needlework</b> 1pm - 3pm</p> <p><b>AARP Drivers Class</b> Noon - 4pm</p>	<p>16 <b>Blood Pressure</b> 9:30am - 11:30am</p> <p><b>Flexercise</b> 10am - 11am</p> <p><b>Line Dancing</b> 1:30pm - 2:30pm (\$4.00)</p>	<p>17 <b>Cards</b> 1pm - 3pm</p> <p><b>Needlework</b> 1pm - 3pm</p> <p><b>Hoola-Hoop</b> 3pm - 3:45pm</p>	<p>18 <b>Podiatrist</b> 9am - 3pm</p> <p><b>Flexercise</b> 10am - 11am</p> <p><b>Yoga</b> 1pm - 2pm   \$4.00</p> <p><b>Cards</b> 1pm - 3pm</p>
<p>21</p>	<p>22 <b>Cards</b> 10am - Noon</p> <p><b>Needlework</b> 1pm - 3pm</p>	<p>23 <b>Flexercise</b> 10am - 11am</p> <p><b>Line Dancing</b> 1:30pm - 2:30pm (\$4.00)</p>	<p>24 <b>Hair Cuts</b> 9:30am - 2:50pm</p> <p><b>Cards</b> 1pm - 3pm</p> <p><b>Needlework</b> 1pm - 3pm</p> <p><b>Hoola-Hoop</b> 3pm - 3:45pm</p>	<p>25 <b>Flexercise</b> 10am - 11am</p> <p><b>Yoga</b> 1pm - 2pm   \$4.00</p>
<p>28 <b>Flexercise</b> 10am - 11am</p> <p><b>Jewelry</b> 1pm - 2pm</p>				

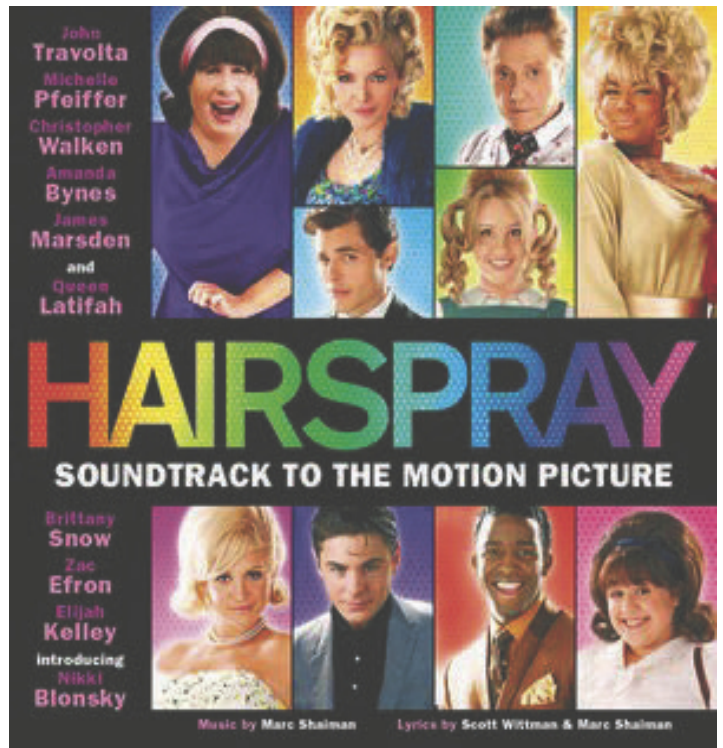


FEBRUARY 8 @ 1PM

Hairspray

With: John Travolta and Queen Latifa

- 2hr
- Rated PG
- Comedy, Musical



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## JEWELRY CLASS RETURN!!

Barb Touhy, our new jewelry instructor, is offering a class to make your own jewelry! You can bring your own supplies and tools, if you have them, and our teacher has some beads, etc. as well! We also have a supply of beads, etc., in our center.

This class is offered free of charge, and will be held twice a month, on Monday afternoons, from 1:00-2:00 pm. Please look at our activity calendar for specific dates. Please call us, 708-748-5454, to register for this class.

## RULES OF THE ROAD CLASS!!

*Wednesday, January 26*  
*1:30p - 3:30p*

Secretary of State Jesse White, in cooperation with Rich Township Supervisor Calvin Jordan, is offering a free class to everyone. This course assists participants in passing the Illinois Driver's License renewal written exam.

Call 708-748-5454 to make your reservation.

## AARP DRIVERS SAFETY CLASS!!

*Monday & Tuesday, February 14 & 15*  
*Feb 14, 1pm - 5pm*  
*Feb. 15, Noon - 4pm*

**\*\*You MUST be vaccinated to attend\*\***

This 2-day course will give you very valuable information, as well as, a discount on your auto insurance. The course fee: \$20 for members and \$25 for non members. You must bring your AARP card with you on the first day of class. And you must attend both sessions to be certified. Call 708-748-5454 to reserve your space.

## thank you volunteers!



"We are saddened by the loss of our dedicated volunteer, Robert (Bob) Bowen. Please keep his family and close friends in your thoughts & prayers during this time. (Bob is pictured seated at the bottom-right in photo)."



## OUR NEEDLEWORK GROUP HAS BEEN BUSY MAKING LAP BLANKETS FOR SENIOR BUILDINGS, VETERANS HOMES AND HOSPICE





## SHARON LeBEAU

Sharon LeBeau age 69 has always been a Park Forester. Sharon attended Rich East High School in Park Forest, Ill. Upon graduation, Sharon dedicated her life to education.

The second generation-Park Forester recalls her greatest accomplishments in her career. In 1979, Sharon enlisted and served in the United States Air Force for 20 years. Sharon worked as an operator for water and sewage-plants in the Air Force. Despite being one of three women at her job. Sharon said, "As tiny as I was, I was able to lift everything the men could". Sharon also obtained an Associate's degree at Prairie State College and two Bachelor's degrees from Governor's State University.

Today you could find Sharon teaching nursery classes at the Church of Jesus Christ of Latter-Day Saints. Sharon is a "regular" at the Rich Township Senior Center in Park Forest. She attends Flexercise and weekly lunches at the center. Sharon especially likes working on puzzles at the center. She is looking forward to attending more programs and events the Senior Center has to

# NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at [www.mycommunityonline.com](http://www.mycommunityonline.com)



**Rich Township Senior Ctr.**

297 Liberty Drive  
Park Forest, IL 60466

**January/February 2022 Issue**

**Mailed: October 2021**

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**Senior Center Staff**

**Mayme Buckley,**  
*Director of Senior Services*

**Mary Pellegrini**  
**Diane Klein**  
**Natalia Hill**



**CALVIN JORDAN**  
**SUPERVISOR**

**Township Officials**

**Calvin Jordan, Supervisor**  
**Arlene M. "Sugar" Al-Amin, Clerk**  
**Sam A. Brown, Assessor**  
**Dennis A. White, Hwy. Commissioner**  
**Nicholas P. Bobis, Trustee**  
**Steven R. Burris, Trustee**  
**Therese H. Goodrich, Trustee**  
**Jacquelyn M. "Jackie" Small, Trustee**