

The RICH 15 Years

HAPPY
HOLIDAYS



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297 Liberty Drive, Park Forest, IL 60466

Please register for each activity

708.748.5454

*All programs are subject to change



Letter From The Supervisor

Dear Rich Township Seniors,

What an incredible season it has been for *Rich Township Senior Services* and our entire community! The *Rich Township Annual Resource Fair*, hosted by President Rick Reinbold and his dedicated team from Richton Park on *September 18, 2025*, was an absolute success! The event drew hundreds of attendees and more than *78 Community Partners* who came together to share vital resources and services for seniors and residents in need. Your enthusiasm, commitment, and collaborative spirit made this day truly unforgettable. Because of your dedication, our seniors gained access to the information, support, and care they so richly deserve.

We are equally thrilled to announce the launch of our *Computer Training for Seniors* classes! Our goal is to empower seniors with the knowledge and confidence to use technology safely and independently. Through this program, we're helping our seniors stay connected, informed, and engaged in today's digital world.

A heartfelt thank-you also goes out to *State Representative Debbie Meyers-Martin* and her staff for their unwavering commitment to our senior community. The *Senior Peoria Farm Bureau Tour* was a huge hit our seniors can't stop talking about the beautiful grape vineyard and the unforgettable wine tasting experience! And of course, the visit to the *Slaughterhouse* was another highlight, where everyone enjoyed a wonderful lunch that left lasting smiles and full hearts.

Together, we continue to make *Rich Township* a place where community, care, and connection truly thrive.

Thank you for being a part of this amazing journey!

With gratitude and dedication,

Calvin Jordan

Supervisor, Rich Township





Laptop Skills Workshop

Rich Township Senior Services is launching a new hands-on **Laptop Skills Workshop** designed specifically for seniors who want to feel more confident using technology. Participants will learn how to navigate their laptops, organize files and folders, and communicate effectively through email. The program also covers internet browsing and online safety, teaching participants how to recognize scams and protect personal information. Each session includes guided demonstrations, easy-to-follow printed materials, and plenty of time for hands-on practice. With small class sizes and step-by-step support, seniors will gain practical computer skills in a relaxed, friendly environment.

By the end of the workshop, participants will be able to use their laptops comfortably for everyday tasks and communication. We are excited to get this started for those who have been asking for help with your computers and laptops. Don't forget to check the calendar for dates and times. **You must register with Senior Services to attend Workshops.**

NEW!

Welcome! Mr. Randall Poindexter

Rich Township Senior Services is pleased to have Mr. Randall Poindexter, CEO of ITRP Consultants NFP. Before retirement, he served the State of Illinois in various leadership roles in network management and technology training.

His experience, innovation and commitment to excellence make him a valued addition to our community. He will be leading our **Computer Trainings and Workshops**.



ITRP Consultants-CEO
Randall Poindexter

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We Are... RICH TOWNSHIP

Comprising 10 municipalities, Rich Township is one of 30 townships in Cook County, Illinois. The Township serves all or part of the following municipalities: Country Club Hills, Flossmoor, Hazel Crest, Homewood, Matteson, Olympia Fields, Park Forest, Richton Park, Tinley Park and University Park.

Tree Lighting FESTIVAL

Join Supervisor Calvin Jordan and the Board of Trustees for Rich Township's Annual Tree lighting Festival, an evening full of joy and holiday spirit for all ages! Celebrate the season with special guests, enjoy captivating performances by local choirs, and partake in delicious food, shopping, and various engaging activities. This festive event promises to create lasting memories, come be a part of the celebration and embrace the season's joy!

DEC 5TH 2025	22013 Governors Highway Richton Park, IL 60471	4:00PM-7:00PM
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For RSVP & more information, contact Dorothy Calhoun (708) 228-5048



RICH TOWNSHIP FOOD PANTRY

708-288-5032

PANTRY@RICHTOWNSHIP.ORG

HOURS OF OPERATION:
MON-FRI: 9:30 - 3:30 PM

DISTRIBUTION HOURS:
TUES-THURS: 1:00 PM - 3:00 PM
Drive Thru & Contact-Free Pick Up

Since 1984, The Pantry of Rich Township has been committed to fighting hunger and providing essential support to families in need. As a 501(c)(3) non-profit organization, we serve approximately 900 households across ten communities in Rich Township. Our mission is to ensure that no one in our community goes without food or basic necessities.



WHO IS ELIGIBLE:

If you reside outside of our service area, you may receive a one-time emergency food package and resources for other food pantries in your area.

Clients can visit once every 30 days.

- Rich Township Residents
- Park Forest Residents
- Homeless Individuals
- Households that meet Emergency Food Program Income Eligibility Guidelines

VOLUNTEER OPPORTUNITIES:

VOLUNTEER ROLES INCLUDE:

- Packing & distributing food
- Stocking & organizing inventory
- Greeting & assisting clients
- Organizing food drives
- Planning fundraisers & community events





Mona Snyder

Greetings Rich Township!

My name is Mona Snyder and I am 96 years young. I've proudly called Park Forest home for 67 years, though I originally come from a small town in Kentucky. Family means the world to me. I have three children (two girls and one boy), two grand daughters and one great-grand daughter who brings me so much joy. I worked for Sears for 43 years, retiring at the age of 83 when the store closed. Last fall, my friend and I decided to attend the Wednesday lunches at the Senior Center for the first time, and we've been coming ever since!

It's such a wonderful place for seniors to gather, share laughter, and enjoy great company. From bingo and day trips to countless fun activities, there's always something to look forward to. Everyone is so kind, welcoming and full of joy.

The staff at Rich Township Senior Services absolutely light up when they see me walk through the doors. They say I bring warmth, wisdom, and a spark of energy to every visit and I feel the same about them. If you haven't been to the Senior Center yet, come join us! You'll find friendship, fun, and a community that truly feels like family.

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ACTIVITIES		November 2025		
Monday	Tuesday	Wednesday	Thursday	Friday
3 Tai Chi 10-11	4 Chair Fitness 1-1:45 Needlework 1-3 Hula Hoop 2:15-3:00	5 Blood Pressure 9:30-11:30 Flexercise 10-11 Bingo 11 Lunch after Bingo Barb Jewelry 12:30-2 Line Dancing \$4.00 1-2	6 Chair Fitness 10-10:45 Needlework 1-3 Hula Hoop 2:15-3:00	7 Flexercise 10-11 Podiatrist 10-12 Smart Driver Tek 1:30-3
10 Veteran's Day Coffee & Donuts 11-1 Flexercise 10-11	11 Closed	12 Flexercise 10-11 Bingo 11 Lunch after Bingo Line Dancing \$4.00 1-2	13 Chair Cardio 10-10:45 Haircuts 11-2 Needlework 1-3 Hula Hoop 2:15-3	14 Flexercise 10-11 Social Media Presentation 1-2
17 Tai Chi 10-11 AARP local 1:15-3	18 Chair Zumba 1-1:45 Needlework 1-3 Hula Hoop 2:15-3	19 Blood Pressure 9:30-11:30 Flexercise 10-11 Bingo 11 Lunch after Bingo Barb Jewelry 12:30-2 Line Dancing \$4.00 1-2	20 Senior Luncheon 12-2	21 NO Flexercise Turkey Giveaway 9-11 Health Chat: "Lifelong Learning & Curiosity" 11:30-1
24 Flexercise 10-11 Cherrie Wire Jewelry 1-3 Smartphone Presentation 1-2	25 Renee Crafts 12:30-2:30 Chair Zumba 1-1:45 Needlework 1-3 Hula Hoop 2:15-3	26 Flexercise 10-11 Bingo 11 NO Lunch Line Dancing \$4.00 1-2	27 Closed	28 Closed
				Some programs are by appointment 708-748-5454 Programs are subject to change

ACTIVITIES		December 2025		
Monday	Tuesday	Wednesday	Thursday	Friday
1 Flexercise 10-11 Jazzin' with Seniors Medicare 1-3	2 Chair Fitness 1-1:45 Needlework 1-3 Hula Hoop 2:15-3	3 Blood Pressure 9:30-11:30 Flexercise 10-11 Bingo 11 Lunch after Bingo Barb Jewelry 12:30-2 Line Dancing \$4.00 1-2	4 Chair Fitness 10-10:45 Needlework 1-3 Hula Hoop 2:15-3	5 Flexercise 10-11 Podiatrist 10-2
8 Flexercise 10-11	9 Needlework 1-3 Renee Crafts 12:30-2:30 Hula Hoop 2:15-3	10 Flexercise 10-11 Bingo 11 Lunch after Bingo Line Dancing \$4.00 1-2	11 Chair Cardio 10-10:45 Haircuts 11-2 Needlework 1-3 Hula Hoop 2:15-3	12 Man Cave 12-2
15 Tai Chi 10-11 AARP local 1:15-3	16 Chair Zumba 1-1:45 Needlework 1-3 Hula Hoop 2:15-3	17 Blood Pressure 9:30-11:30 Flexercise 10-11 Bingo 11 Lunch after Bingo Barb Jewelry 12:30-2	18 Jingle Mingle Activity Luncheon 11-2	19 Health Chat "Mental Health & the Holidays" 11:30-1
22 Flexercise 10-11 Cherrie Wire Jewelry 1-3	23 Renee Crafts 12:30-2:30 Scrabble 12-3 Chair Zumba 1-1:45 Needlework 1-3 Hula Hoop 2:15-3	24 Flexercise 10-11 Bingo 11 Lunch after Bingo Line Dancing \$4.00 1-2	25 Closed	26 Closed
29 Flexercise 10-11	30 Needlework 1-3 Hula Hoop 2:30-3	31 Flexercise 10-11		Some programs are by appointment 708-748-5454 Programs are subject to change



Old Fashioned Apple Crisp



This easy apple crisp is made the old fashioned way like Grandma used to make, and is perfect with a scoop of vanilla ice cream and salted caramel sauce!

Ingredients

- | | |
|---|--|
| 6 golden delicious apples
(peeled & chopped or sliced) | 3/4 cup old fashioned oats |
| 2 tbsp granulated sugar | 3/4 cup all-purpose flour |
| 3/4 tsp ground cinnamon | 1 tsp ground cinnamon |
| 1 1/2 tsp lemon juice | pinch of Kosher salt |
| 1 cup light brown sugar | 1/2 cup cold unsalted butter
(diced into small cubes) |

Instructions

- 1 Preheat oven to 350 degrees F. Butter an 8x8 baking dish, or spray with nonstick cooking spray. Set aside.
- 2 In a separate mixing bowl, add topping ingredients (brown sugar, oats, flour, 1 tsp cinnamon, salt and diced cold butter).
- 3 Use two forks or your hands to cut the butter into the oat mixture, using a slight downward twisting motion, until mixture resembles pea-sized crumbs.
- 4 Spread topping over apples in baking dish, and gently pat to even it out. Bake 40-50 minutes, until golden brown and bubbly.
- 5 Serve warm and enjoy! Top with either vanilla bean ice cream or whipped cream.

Winter Word Search

S	K	I	I	N	G	S	N	O	W	B	O	O	H	T
S	F	I	R	E	P	L	A	C	E	I	N	G	E	O
L	I	E	A	R	M	U	F	F	S	C	N	Y	T	S
E	W	S	B	C	O	L	T	R	A	E	S	T	A	C
D	I	M	L	R	O	W	S	N	O	U	G	H	E	A
D	N	U	I	A	U	L	O	W	P	S	H	T	O	R
I	T	F	Z	E	S	A	D	E	H	A	T	A	O	F
N	R	B	Z	B	A	E	R	O	W	P	L	Y	I	I
G	C	O	A	T	O	T	L	Y	D	M	W	L	C	R
I	T	O	R	H	A	F	R	O	T	A	S	U	I	E
P	O	T	D	E	C	E	M	B	E	R	I	L	C	L
L	A	S	N	C	R	O	V	I	N	C	L	O	L	R
O	A	D	H	J	K	T	C	E	S	H	O	V	E	L
W	J	A	N	U	A	R	Y	O	E	S	A	H	S	T
M	I	T	T	E	N	S	W	E	A	T	E	R	E	L

WORD BANK

blizzard	fireplace	plow	sweater
boots	frosty	scarf	winter
coat	hat	shovel	
cocoa	ice	skiing	
cold	icicles	sledding	
December	January	snow	
earmuffs	March		
February	mittens		





Café Lunch

- 9 -

NOVEMBER | 2025

SENIOR CENTER MENU



5

Turkey Club Wrap
Chicken Baja Soup
Bag of Chips
Whole Apple
Cookie

12

Chicken Salad Croissant
Pasta Salad
Bag of Chips
Cup of Fruit
Cookie

3

Roast Beef Wrap
Potato Salad
Bag of Chips
Whole Apple
Cookie

10

Tuna Salad Croissant
Cup of Soup
Bag of Chips
Whole Apple
Cookie



19

Chicken Salad Croissant
Pasta Salad
Bag of Chips
Fruit Cup
Cookie

17

Turkey Sub Sandwich
Pasta Salad
Bag of Chips
Whole Apple
Cookie



WINTER BREAK DEC 22-JAN 7

CHOICE OF BOX LUNCH
OR SHOWCASE SALAD
EACH WEDNESDAY

SHOWCASE SALAD

Tossed Greens Topped
with Grilled Chicken,
Cheese & Assorted
Vegetables with Dinner
Roll and Cookie. Choice
of Ranch or Italian
Dressing Packets.

On days that Chili or
Soup is served, it will be
included with salad
choice also.

MENU SUBJECT TO
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Rich Township, Park Forest, IL

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Prom
Night

Senior Prom

Friday, November 7, 2025 | 5:00 PM - 8:30 PM

Join the Matteson Community Center for an unforgettable glitz, glamour, and nostalgia evening at the annual Golden Gala Senior Citizen Prom. This enchanting event is designed to transport you back to the golden days of your youth, where timeless elegance and lively dance floors reign supreme. The best dressed will be crowned queen and king. Registration Deadline **Monday, November 3rd**. This event is **\$20 per participant**.

Matteson Community Center
20642 Matteson Ave, Matteson, IL 60443



Holiday Lights

Friday, December 5, 2025 | 5:00 PM - 9:00 PM

Holiday lights is a treasured Homewood event, capturing the joy, excitement and traditions of the season in one memorable evening. Unique stores and restaurants will be filled with gifts and recipes, ice sculptures, antique care parade, and so much more! All sales benefit the Cancer Support Center.

Downtown Homewood
Martin Ave & Ridge Road



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Please Note: Events are subject to change. Please contact Villages for more information.

Breakfast with Santa

Saturday, December 6, 2025 | 10:00 AM - 11:30 AM

Start your holiday season with joy and a delicious breakfast meal with Santa! Families will enjoy a festive breakfast, holiday music, and a chance for children to meet Santa in person. **Registration deadline is Monday, Dec. 1. This event is \$10 per participant.**

**Matteson Community Center
20642 Matteson Ave, Matteson, IL 60443**



Tinley Park Holiday Market

Saturday, December 6, 2025 | 12:00 PM - 9:00 PM

Stroll through the cozy warmth of a heated tent and shop for unique handmade crafts and creations. Enjoy tasty treats and live music by local groups and entertainers. Children can make holiday crafts, write letters for the soldiers and decorate cookies!

**Harmony Square
6700 North Street, Tinley Park, IL 60477**



Park Forest Holiday Market

Saturday, December 13, 2025 | 11:00 AM - 2:00 PM

The annual Holiday Market returns to Downtown Park Forest! Enjoy a festive afternoon featuring Santa, kids' train, food trucks, vendors and holiday fun for all ages! Don't miss this chance to shop local, grab a bite, and celebrate the season with neighbors and friends!

**Downtown Park Forest
Village Green (349 Main Street)**



Holiday Lights Parade

Thursday, December 18, 2025 | 4:30 PM

Enjoy this fantastic holiday Flossmoor tradition with us! Set up some lawn chairs or stop by the viewing station in Flossmoor Park and watch as Flossmoor Police, Fire, and Public Works Departments travel through Flossmoor neighborhoods with vehicles adorned in holiday cheer!

**Flossmoor Park
2449 Flossmoor Rd, Flossmoor, IL 60442**





RICH TOWNSHIP SENIOR SERVICES



THURSDAY, DECEMBER 18, 2025
BRUNCH: 10 AM - 12 PM
JINGLE MINGLE: 12 PM - 3 PM
297 LIBERTY DR, PARK FOREST IL 60466

MUST REGISTER FOR ACTIVITIES!

call: 708-748-5454

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CALVIN JORDAN
Supervisor, Rich Township



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TRUSTEE



ARLENE "SUGAR" AL-AMIN
CLERK



SAM BROWN, CIO
ASSESSOR



DENNIS WHITE, ESQ.
HWY COMMISSIONER





Peoria County Senior Trip



On September 24, 2025, Seniors took a trip to Peoria County for some leisurely and educational fun. During this trip, Seniors visited Peoria County Farm, Rabers Packaging Co., and Tres Rojas Winery. At these locations, Seniors not only enjoyed some delicious wine tasting, but also learned about local crops and farm equipment, meat packaging, as well as the process of wine making. They were even able to partake in some surprise Apple Donuts from a local apple orchard!



Movie Matinee





Frankie Beverly Tribute



Rich Township Senior Services

RESOURCE & HEALTH FAIR



Rich Township Senior Center

297 Liberty Drive
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November/December Issue

Mailed November 2025

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Arlene 'Sugar' Al-Amin, Clerk

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