

Rich Township Senior Center
 297 Liberty Drive, Park Forest, IL
 Phone (Center).....708-748-5454
 Fax (Center).....708-748-5264
 Website—<http://www.richtownship.org>

February 2017

Senior Center Activities



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Bingo played on Wednesdays 10:00 a.m.	Adult Coloring 2nd & 4th Tuesdays 10:00 a.m.	1 Flexercise 10:00 Bingo LUNCH 12PM Cards 1:00	2 Blood Pressure 10-12 Games 10:00 Podiatrist 1:00 Line Dancing 1:00	3 Flexercise 10:00 LUNCH 12PM Yoga Class 1:00	4
5	6 Flexercise 10 LUNCH 12PM :00	7 Haircuts 9:00 Games 10:00 Bunco 1:00 Needlework 1:00	8 Flexercise/Bingo 10:00 LUNCH 12PM Movie 1:00 "Wild Oats" Cards 1:00	9 Blood Pressure 10-12 Games 10:00 Podiatrist 1:00 Line Dancing 1:00	10 Flexercise 10:00 LUNCH 12PM Yoga Class 1:00	11
12	13 Flexercise 10:00 LUNCH 12PM	14 Adult Coloring & Games 10:00 Needlework 1:00 Bunco 1:00 Jewelry 1:00	15 Flexercise 10:00 LUNCH 12PM Cards 1:00 Podiatrist 1:00	16 Blood Pressure 10-12 Games 10:00 Line Dancing 1:00	17 Flexercise 10:00 LUNCH 12PM FREE Yoga Class 1:00	18
19	20 CLOSED PRESIDENTS DAY	21 Haircuts 9:00 Games 10:00 Needlework 1:00 Bunco 1:00 AARP 1:00	22 Flexercise 10:00 LUNCH 12PM Cards 1:00 Podiatrist 1:00	23 Blood Pressure Games 10:00 Line Dancing 1:00 Glucose Screening 10-12	24 Flexercise 10:00 LUNCH 12PM Yoga Class 1:00	25
26	27 Flexercise 10:00 LUNCH 12PM	28 Adult Coloring & Games 10:00 Bunco 1:00 Needlework 1:00 Jewelry 1:00 ***RT 66 TRIP***				